

Assessment of difficult airway by using various bedside screening tests for endotracheal intubation

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Abstract

Introduction: The aim and objective of this study was to predict difficulty in endotracheal intubation by employing various bedside screening tests in patients posted for surgeries under general anaesthesia. Various bedside tests were used individually and in combination to assess the sensitivity and specificity in order to determine their positive predictive value and negative predictive value.

Materials and Methods: The preoperative airway assessment was conducted using multiple screening tests like interincisor gap, thyromental distance, modified mallampati test, sternomental distance and head and neck movement. Intubation was considered difficult if the view on the laryngoscopy was Cormack and Lehane grade III or IV, three or more attempts at tracheal intubation, duration >10 min or if special maneuvers were required to facilitate intubation. The results were evaluated on the basis of sensitivity, specificity, positive and negative predictive values of these tests.

Results: The sternomental distance test has the highest sensitivity and positive predictive value of 77.3% and 63.0% and negative predictive value of 93.2% resulting as the best individual test for predicting difficulty for intubation followed by mallampati test with sensitivity of 60.0% and negative predictive value of 92.7%. IIG + MMT + SMD combination resulted best with sensitivity, specificity, PPV and NPV of 98.8%, 26.7%, 88.4% and 80.0% respectively.

Conclusion: When multiple predictors were taken into consideration there was a considerable reduction in the outcome of false positives and false negatives with significant improvement in sensitivity, positive predictive value and negative predictive value. The application of multiple predictors can reduce the frequency of unanticipated difficulty and unnecessary interventions related to over-prediction of airway difficulty.

Keywords: Interincisor gap, Thyromental distance, Modified mallampati test, Sternomental distance, Head and neck movement, Difficult airway predictors.

Introduction

Maintaining the patency of the airway is the prime aim of an anaesthesiologist. Interruption of gas delivery for few minutes only can lead to dangerous events like brain hypoxia and damage or can even lead to death. The difficulty in maintaining the patency of the airway varies with individual patient's anatomical factors and therefore identification of patients with anticipated difficult airway is critical for a planned anaesthetic management to safely perform endotracheal intubation.¹

The mainstay of airway management is tracheal intubation which should be usually done uneventfully. However, critical oxygen desaturation may occur if intubation is difficult or impossible after anaesthesia induction. The unexpected difficult airway is much more hazardous than an expected one.² Unfavourable respiratory outcomes due to insufficient oxygenation, ventilation, failed intubation or accidental esophageal intubation leading to brain hypoxia, damage and death are classified as largest class of injury in American society of Anaesthesiology study. To effectively understand the risk factors associated with difficult airway will require scrutinizing protocols.³ Unplanned difficult airways are possibly due to paucity of precise predictive tests for difficult airway executed preoperatively. The only way we can prevent this is by doing a thorough assessment of the airway.⁴ Probability of

difficult laryngoscopy using these parameters individually or in combination may help to predict difficulty during intubation. Even with the use of these parameters there have been instances when a patient predicted to have difficult intubation had an easy intubation and vice versa.⁵

In the present study pre-operative airway assessment of 100 patients posted for surgery under general anaesthesia was carried out to assess the efficacy of individual bedside screening tests for predicting the ease or difficulty of intubation.

Aim and Objective

1. The aim of our study was to predict difficulty in endotracheal intubation by employing various bedside screening tests.
2. To assess the sensitivity and specificity of various bedside tests in order to evaluate their positive and negative predictive value (PPV and NPV) individually and in combination.

Materials and Methods

An observational study was done in 100 ASA grade I and II patients of age group 18-45 years of either gender subjected to elective surgery planned for general anaesthesia. Patients with upper airway tumors and with abnormality of airway, cervical spine fracture and

deformities, ASA grade III and IV, body mass index ≥ 30 kg/m², edentulous patients, were eliminated from study.

Preoperative Airway Evaluation was done with Various Bed Side Tests

1. Inter- incisor gap (IIG) was measured by asking the patient to open the mouth fully as possible and the gap between incisors was measured. The result was graded into three levels- IIG >5 cm, IIG 3.5-5 cm and IIG <3.5 cm. (first two levels were taken as easy intubation and last one as difficult intubation.)
2. Thyro-mental distance (TMD) was assessed as a linear line from the mentum (chin) to the top of the thyroid notch with the neck in complete extension and the results were graded into three levels- TMD > 6.5 cm, TMD 6.0-6.5cm, TMD < 6 cm. (First two levels were taken as easy intubation and last one as difficult intubation.)
3. Modified Mallampati Test (MMT) was done in a seated patient with neutral head position, mouth open as wide possible with tongue protruded but without any phonation. The pharyngeal view was classified as:
Grade I: Pillars, fauces, uvula and soft palate is visualized.
Grade II: Fauces, uvula and soft palate is visualized.
Grade III: Base of uvula and soft palate is visualized.
Grade IV: Soft palate not visualized.
(Grade I and II was taken as easy intubation and III and IV as difficult intubation.)
4. Sterno-mental distance (SMD) was measured from mentum or chin to suprasternal notch with mouth closed. A sterno-mental distance of <12.5 cm predicts difficult laryngoscopic intubation.
5. Head and Neck movement was assessed by using a pencil kept on patients forehead vertically in the extended position. The patient was then asked to flex the head and neck and the angle traversed by the pencil was measured against the horizontal. The degree of movement was grouped into three grades $>100^\circ$, near 90° [$90 \pm 10^\circ$], $<80^\circ$. (First two angles were taken as easy and third as difficult.)

A complete pre anaesthetic evaluation was done prior to the surgery along with written informed consent. Nil by mouth status was maintained. All patients were advised to take alprazolam 0.5 mg a night before surgery and 0.25 mg early morning along with ranitidine 150 mg orally on the day of surgery. Preoperatively all baseline values were noted. Intravenous cannulation was done using 18G gauge cannula. Patients were induced with intravenous glycopyrolate, fentanyl, propofol and vecuronium. Direct laryngoscopy was carried out with Macintosh laryngoscope blade by anaesthesiologist blinded to the study. The vocal cords were visualized and were assessed using Cormack and Lehane's (CL) Classification. Based on the parameters, difficulty in intubation was assessed. Three or more parameters predicting difficulty for laryngoscopy were taken as difficult. Endotracheal intubation was done and assessment during endotracheal intubation (easy or difficult) as well as outcome (true positive, true negative, false

positive and false negative) were recorded. Maintenance of anaesthesia was done with oxygen, nitrous oxid, isoflurane and vecuronium. The patients were reversed with neostigmine and glycopyrolate administered intravenously. After extubation the patients were shifted to post-operative care unit.

Statistical Analysis

Data was analysed with software SPSS (IBM SPSS Statistics for windows, Version 21.0. Armonk, NY: IBM Corp.) Categorical data like gender, ASA grade and laryngoscopy grade were presented as numbers. Age and weight were presented as Mean \pm SD. Fisher exact test was used to calculate statistically significant difference in sensitivity and specificity of tests. P value of <0.05 was considered as significant value. Necessary sample size was estimated for a 95% confidence interval by the use of Epi info statistical package (version 6).

Results

The patients had mean age 32.6 ± 12.8 years and mean weight of 64.9 ± 12.2 kg in our study. Almost equal number of male and female patients participated with 46 males and 54 females. Out of 100 patients, 69 patients belonged to ASA I class and 31 patients belonged to ASA II class. During the preoperative assessment 82 patients were predicted for easy intubation and 18 patients were predicted for difficult intubation. In the study CL grading of I, II and III was seen in 55, 30 and 15 patients respectively which showed that 85 patients had easy intubation whereas 15 patients had difficult intubation. Individually SMD showed the highest sensitivity, PPV and NPV whereas IIG had the highest specificity. IIG+MMT+SMD combination resulted best with sensitivity, specificity, PPV and NPV of 98.8%, 26.7%, 88.4% and 80.0%, respectively. An increase in sensitivity and PPV was seen with other combinations at the cost of decline in the specificity.

Discussion

To prediction the difficult airway a rapid and reliable screening test is required. According to Yentis et al⁶ the most important step while evolving a predictive test is clearly establish the end result. CL grade on laryngoscopy has been continuously used as the definition of difficult intubation as per Cormack RS et al.⁷ In our study a 8.3% sensitivity and 95.5% specificity of IIG showed that this test had poor ability to detect true positive patients and had PPV and NPV of 20.0% and 88.4% respectively. As per our study IIG was unable to predict difficult laryngoscopy as no correlation was found between IIG and CL grading as the p-value was not significant. Savva et al⁸ and Allahyary et al⁹ reported similar results regarding IIG. TMD is moderately accurate to predict the difficulty grade as it had lower sensitivity as it is used for predicting difficult intubation from earlier days but its significance as a measure of difficult airway is debatable as it differs from patients to patient. Savva et al⁸ study showed a sensitivity of 64.7% and specificity of 81.9%, positive predictive value of 15.1%.

Freck CM¹⁰ study has specificity of 81.5% while he assumed a distance of ≤ 7 cm as suggestive of difficult intubation.

MMT is moderately accurate to predict the difficulty grade as it had lower sensitivity and higher NPV. As per Allahyary et al⁹ MMT had a low sensitivity (29.7%) and positive predictive value (20.8%) with an acceptable specificity (74.7%). Savva et al⁸ got a sensitivity of 64.7% and specificity of 66.12% which was lesser than our study. Oates et al¹¹ in his study observed poor sensitivity with MMT which could be due to poor inter-observer variability. Karkouti et al¹² also had poor inter-observer reliability with MMT and therefore poor sensitivity. Only two (mouth opening and chin protrusion) out of ten tests showed excellent inter-observer reliability. The 77.3% sensitivity and 87.2% specificity of SMD showed that this test had the best ability to detect true positive patients as this test had the highest sensitivity and PPV, 63.0%. This test also had NPV of 93.2% which denotes that this test has ability to detect true negative also. Savva et al⁸ found 82.4% sensitivity and 88.6% specificity of SMD. Allahyary et al⁹ study showed high specificity of 86.7%.

Atlanto-occipital joint extension is also a tool for assessing the difficult airway. As per Gupta S et al¹³ assessment of atlanto-occipital joint is necessary to make proper position for intubation which aligns all the three axis. Kuriakose R et al¹⁴ showed AOJE had a poor sensitivity of 2.5%, but 100% specificity and PPV. Both IIG and AOJE predicted easy intubation better. Bhatnagar S et al¹⁵ study showed subjective neck movement assessment had 31% sensitivity, 97% specificity and 77% positive predictive value.

Combination of all five tests increased the sensitivity and NPV to 100% while PPV was also increased to 88.4% but decreased the specificity to 6.7%. IIG+MMT+SMD combination resulted best with sensitivity, specificity, PPV and NPV of 98.8%, 26.7%, 88.4% and 80.0% respectively. An increase in sensitivity and PPV was seen with other combinations at the cost of lowering the specificity. In the study by Allahyary et al¹⁰ the combination of tests improved the sensitivity, specificity, PPV and NPV to 97%, 100%, 100% and 86%, respectively.

Table 1: Patient characteristics

	Mean \pm SD
Age	32.6 \pm 12.8
Gender (M/F)	46/52
Weight (Kg)	64.9 \pm 12.2
ASA grade (I/II)	69/31

Table 2: Preoperative assessment (POA) distribution

POA	Number of patients	Percentage (%)
Easy	82	82.0
Difficult	18	18.0
Total	100	100.0

Table 3: Cormack and lehane grading distribution

Grade	No. of patients	Percentage (%)
I	55	55.0
II	30	30.0
III	15	15.0
IV	0	0.0
Total	100	100.0

Table 4: Outcome distribution

Outcome	No. of patients	Percentage (%)
False Negative	6	6.0
False Positive	9	9.0
True Negative	76	76.0
True Positive	9	9.0
Total	100	100.0

Table 5: Assessment of all the tests during laryngoscopy

Group	Sensitivity	Specificity	PPV	NPV
IIG	8.3%	95.5%	20.0%	88.4%
TMD	35.3%	95.2%	60.0%	87.8%
MMT	60.0%	89.4%	50.0%	92.7%
SMD	77.3%	87.2%	63%	93.2%
HNM	21.4%	95.4	42.9%	88.2%

Table 6: Comparison of all the five tests with overall difficult intubation

Comparisons	Sensitivity	Specificity	PPV	NPV
IIG + TMD	100.0	6.7	85.9	100.0
IIG + MMT	98.8	26.7	88.4	80.0
IIG + SMD	98.8	26.7	88.4	80.0
IIG + HNM	100.0	13.3	86.7	80.0
IIG + TMD+MMT	100.0	6.7	85.9	100.0
IIG + TMD + SMD	100.0	6.7	85.9	100.0
IIG+MMT+SMD	98.8	26.7	88.4	80.0
IIG + MMT + HNM	100.0	13.3	86.7	100.0
IIG + SMD + HNM	100.0	13.3	86.7	100.0
IIG + TMD + MMT + SMD	100.0	6.7	85.9	100.0

Conclusion

The conclusion of the study is that when multiple predictors were taken into consideration there was a considerable reduction in the outcome of false positives and false negatives with significant improvement in sensitivity, positive PPV and NPV. The application of multiple predictors can predict difficult airway more effectively thereby reducing the incidence of unpredicted difficult airway.

Conflict of Interest: None.

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